Low dose tamoxifen and lifestyle in breast cancer prevention

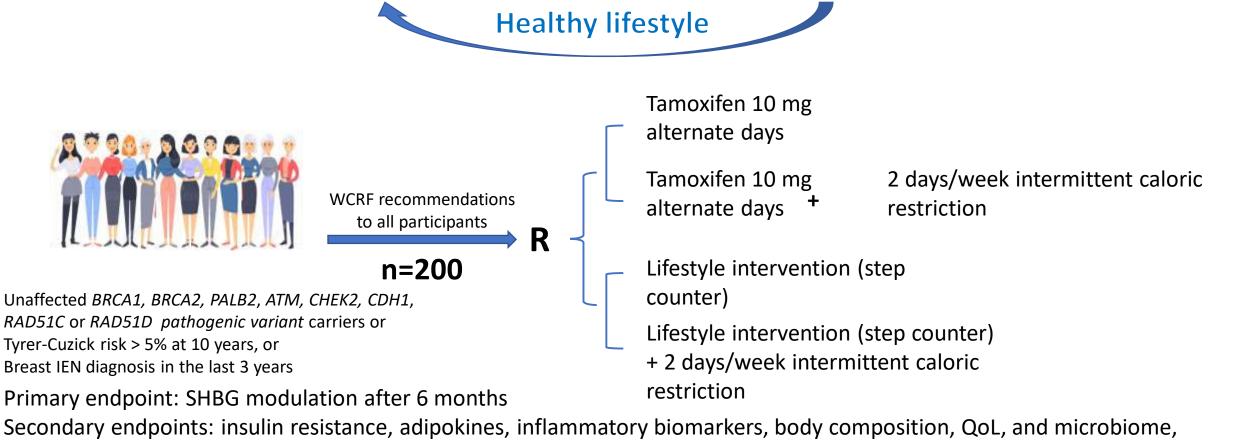
> Tamoxifen at 5 mg/d decreases breast cancer risk and recurrence in women with diagnosis of intraepithelial neoplasia (IEN)

PROs

Marked increase in Sex Hormone Binding Globulin Decrease in IGF-I, C-reactive protein Mammographic breast density reduction

CONs

Vasomotor symptoms and other side-effects In overweight or obese women we observed a risk for increase in insulin resistance, and triglycerides



MD density in a subgroup of participants