



Attachment 5: brief instructions for sputum examination

SPECIMEN COLLECTION/STORAGE METHODS

- Rinse the mouthwell with water in the morning on an empty stomach.
- Induce a deep, productive cough that produces sputum (no saliva, which is useless for diagnostic purposes).
- If necessary, stimulate sputum production with a mucolytic aerosol (e.g. Bisolvon, Fluimucil, etc.)
- Collect the sputum in the hermetically sealed container provided (with Saccomanno liquid added) and attach the identification label.

N.B.: The cytological examination must be repeated for three consecutive mornings or as indicated by the requesting doctor.

Out patients must deliver all sputum samples together at the end of the collection process.

ATTENTION:

- **The liquid in the container is flammable and toxic.**
- **Do not drink the liquid; keep containers out of the reach of children.**
- **Avoid eye contact: if contact occurs, rinse immediately with plenty of water.**
- **Keep containers away from flames and sparks.**
- **Store the container in a cool place at room temperature.**